



Inspiring
Traditions...

Learn about
ancient Kyrgyz nomad
costumes and
try on your very own
“Elechek”

Time and schedule:
Upon request

Duration: 2 hours
Minimum group: 5 people
Location: Kyzyl-Tuu village,
South Shore of Issyk-Kul



South Shore of Issyk-Kul

Discover Kyrgyz traditions
with ancient nomad costumes

Learn about the different
types of “Elechek” and their
significance in ancient
Kyrgyz culture

Try on different nomad
costumes and dress up like a
real Kyrgyz nomad!

PARTNER





Photo by Erkin Boljurov

Price to include:

**Round-trip transport
from Bokonbaevo to
Kyzyl-Tuu village**

English speaking guide

**Tea/coffee/other
refreshments**

 **Contact to Book:**
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Nomads' traditional costumes and "Elechek"

Through the centuries, Kyrgyz shepherds created various types of clothing suited to their nomadic lifestyle. One unique example is the "Elechek", which is a traditional multi-layered cloth headdress worn by nomadic women. Aside from its ornamental appeal, it also protects Kyrgyz women from the cold, heat, and the wind. The reams of cloth are also essential in emergencies or celebrations such as a wedding, childbirth or a funeral. In addition, the size and decoration of the elechek also serve to distinguish the social status and age of its owner.



Women start to wear the elechek after marriage and the act of placing the white elechek on a new daughter-in-law is highly symbolic. From that moment she is considered an owner of the home and its color embodies femininity, nobility and purity. Learn more about these ancient nomadic costumes through this workshop and try them on too!

